

Tree House Academy: November 2022 Menu

Menu A: Week of : Week of: November (7th-11th) Week of November (21st-25th)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Kix Cereal Applesauce Milk Water	Sun-butter Toast Peaches Milk Water	Pancakes Pears Milk Water	Cheese Toast Peaches Milk Water	Life Cereal Mixed Fruit Milk Water
Lunch	Cowboy Beef/Beans Saltines Applesauce Milk Water	Chicken Nuggets Mixed veggies Peaches Milk Water	Turkey Mac & Cheese Carrots Pears Milk Water	Fish Sticks Corn Peaches Milk Water	Turkey Hot Dogs Tator Tots Mixed Fruit Milk Water
Afternoon Snack	Goldfish 100% Juice Water	Animal Crackers 100% Juice Water	Life Cereal 100% Juice Water	Saltines 100% Juice Water	Graham Crackers 100% Juice Water

Menu B: Week of : October (31st- Nov.4) Week of November (14th-18th) Week of November (28th-30th)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Life Cereal Applesauce Milk Water	Sun-butter Toast Peaches Milk Water	Pancakes Pears Milk Water	Cheese Toast Peaches Milk Water	Kix Mixed Fruit Milk Water
Lunch	Bean/Cheese Nachos Green Beans Applesauce Milk Water	Chicken Nuggets Mixed veggies Peaches Milk Water	Beefy Mac & Cheese Carrots Pears Milk Water	Cracker Stackers Turkey/Cheese Corn Peaches Milk Water	Turkey Hot Dogs Tator tots Mixed Fruit Milk Water
Afternoon Snack	Goldfish 100% Juice Water	Animal Crackers 100% Juice Water	Kix Cereal 100% Juice Water	Saltines 100% Juice Water	Graham Crackers 100% Juice Water