



# TREE HOUSE ACADEMY OF RICHMOND

# MENU!



## March 2022

MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY

### BREAKFAST

|                                     |   |                                      |                                |                            |
|-------------------------------------|---|--------------------------------------|--------------------------------|----------------------------|
| Rise Crispies<br>Applesauce<br>Milk | Blueberry<br>Muffins<br>Oranges<br>Milk | Cinnamon<br>Toast<br>Bananas<br>Milk | Corn Flakes<br>Oranges<br>Milk | Waffles<br>Bananas<br>Milk |
|-------------------------------------|---|--------------------------------------|--------------------------------|----------------------------|

### LUNCH A Week of 3/7-3/11&3/21-3/25

|   |  |   |   |   |
|---|--|---|---|---|
| Beanie<br>Weenies<br>Pineapples<br>Milk | Chicken<br>Alfredo w/<br>Broccoli<br>Pears<br>Milk | Grilled Cheese<br>Corn<br>Peaches<br>Milk | Bean Burritos<br>Green Beans<br>Oranges<br>Milk | Beef<br>Tacos<br>Pinto Beans<br>Mixed Fruit<br>Milk |
|---|--|---|---|---|

### LUNCH B Week of 2/28-3/4&3/14-3/18&3/28-4/1

|   |   |  |   |  |
|---|---|--|---|--|
| Mac & Cheese<br>Baked Beans<br>Pineapples<br>Milk | Beef Spaghetti<br>Peas<br>Pears<br>Milk | Tuna Sandwich<br>Corn<br>Peaches<br>Milk | Ham & Cheese<br>Roll Up<br>Green Beans<br>Oranges<br>Milk | Chicken<br>Tacos<br>Pinto Beans<br>Mixed Fruit<br>Milk |
|---|---|--|---|--|

### PM SNACK

|                                  |                        |                                  |                             |                                    |
|----------------------------------|------------------------|----------------------------------|-----------------------------|------------------------------------|
| Animal<br>Crackers<br>100% Juice | Pretzels<br>100% Juice | Graham<br>Crackers<br>100% Juice | Ritz Crackers<br>100% Juice | Goldfish<br>Crackers<br>100% Juice |
|----------------------------------|------------------------|----------------------------------|-----------------------------|------------------------------------|

- ◇ We serve water with every meal and after active play
- ◇ 12 months - 24 months receives Whole Milk
- ◇ 2 years - 12 years receives 1 % Milk