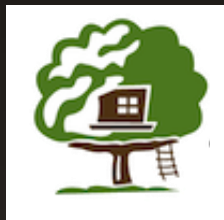


# TREE HOUSE ACADEMY OF RICHMOND



# MENU!

## December 2021

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### BREAKFAST

|                           |                                 |                                    |                                |                             |
|---------------------------|---------------------------------|------------------------------------|--------------------------------|-----------------------------|
| Cereal<br>Raisins<br>Milk | Pancakes<br>Mixed Fruit<br>Milk | French<br>Toast<br>Oranges<br>Milk | Muffins<br>Mixed Fruit<br>Milk | Biscuits<br>Raisins<br>Milk |
|---------------------------|---------------------------------|------------------------------------|--------------------------------|-----------------------------|

### LUNCH A Week of 11/29/21&12/13/21&12/27/21

|  |  |   |   |  |
|--|--|---|---|--|
| Mac & Cheese<br>Baked Beans<br>Pineapple<br>Milk | Salisbury Steak<br>Rice<br>Corn<br>Pears<br>Milk | Chicken<br>Alfredo<br>Broccoli<br>Oranges<br>Milk | Pizza<br>Mixed Veggies<br>Mixed Fruit<br>Milk | Hamburger<br>Tater Tots<br>Peaches<br>Milk |
|--|--|---|---|--|

### LUNCH B Week of 12/6/21&12/20/21

|                                      |   |  |   |   |
|--------------------------------------|---|--|---|---|
| Beef Spaghetti<br>Pineapples<br>Milk | Taco Rice<br>Pinto Beans<br>Pears<br>Milk | Chicken Pasta<br>Broccoli<br>Oranges<br>Milk | Bean Burritos<br>Mixed Veggies<br>Mixed Fruit<br>Milk | Ham & Cheese<br>Sandwich<br>Corn<br>Peaches<br>Milk |
|--------------------------------------|---|--|---|---|

### PM SNACK

|                                  |                                    |                                  |                             |                                   |
|----------------------------------|------------------------------------|----------------------------------|-----------------------------|-----------------------------------|
| Animal<br>Crackers<br>100% Juice | Goldfish<br>Crackers<br>100% Juice | Graham<br>Crackers<br>100% Juice | Ritz Crackers<br>100% Juice | Saltine<br>Crackers<br>100% Juice |
|----------------------------------|------------------------------------|----------------------------------|-----------------------------|-----------------------------------|

- ◇ We serve water with every meal and after active play
- ◇ 12 months - 24 months receives Whole Milk
- ◇ 2 years - 12 years receives 1 % Milk