



# October 2021



	Monday	Tuesday	Wednesday	Thursday	Friday
					1. Ham Quesadilla, Pears  Chicken Sliders w/ bun Mixed Veggies Mixed Fruit  Pretzels, Juice
4.	Cereal, Cranberries  Chicken & Cheese Nachos Corn Peaches  Cheez-its, Juice	5. Pancake Wrap Sausage, Applesauce  Mini Cheese Pizza Peas Pineapples  Animal Crackers, Sun Butter	6. Toast, Peaches  Sloppy Joes w/ bun Carrots Pears  String Cheese, Wheat Crackers	7. Biscuits & Gravy, Pineapples  Chicken Nuggets Crackers Peas Applesauce  Graham Crackers, Juice	8. Ham Quesadilla, Pears  Grilled Cheese Sandwich Mixed Veggies Mixed Fruit  Pretzels, Juice
11.	Cereal, Cranberries  Beef & Cheese Soft Tacos Corn Peaches  Cheez-its, Juice	12. Pancake Wrap Sausage, Applesauce  Turkey Dog w/ Buns Pork and Beans Pineapples  Animal Crackers, Sun Butter	13. Toast, Peaches  Chicken Spaghetti Carrots Pears  String Cheese, Wheat Crackers	14. Biscuits & Gravy, Pineapples  Tater Tot Casserole Crackers Green Beans Applesauce  Graham Crackers, Juice	15. Ham Quesadilla, Pears  Chicken Sliders w/ bun Mixed Veggies Mixed Fruit  Pretzels, Juice
18.	Cereal, Cranberries  Chicken & Cheese Nachos Corn Peaches  Cheez-its, Juice	19. Pancake Wrap Sausage, Applesauce  Mini Cheese Pizza Peas Pineapples  Animal Crackers, Sun Butter	20. Toast, Peaches  Sloppy Joes w/ bun Carrots Pears  String Cheese, Wheat Crackers	21. Biscuits & Gravy, Pineapples  Chicken Nuggets Crackers Peas Applesauce  Graham Crackers, Juice	22. Ham Quesadilla, Pears  Grilled Cheese Sandwich Mixed Veggies Mixed Fruit  Pretzels, Juice
25.	Cereal, Cranberries  Beef & Cheese Soft Tacos Corn Peaches  Cheez-its, Juice	26. Pancake Wrap Sausage, Applesauce  Turkey Dog w/ Buns Pork and Beans Pineapples  Animal Crackers, Sun Butter	27. Toast, Peaches  Chicken Spaghetti Carrots Pears  String Cheese, Wheat Crackers	28. Biscuits & Gravy, Pineapples  Tater Tot Casserole Crackers Green Beans Applesauce  Graham Crackers, Juice	29. Ham Quesadilla, Pears  Chicken Sliders w/ bun Mixed Veggies Mixed Fruit  Pretzels, Juice

\* All meals are served with milk or juice.

\* This institution is an equal opportunity provider.