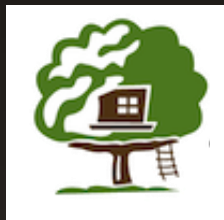


TREE HOUSE ACADEMY OF RICHMOND



MENU!

November 2021

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST

Cereal Raisins Milk	Pancakes Mixed Fruit Milk	French Toast Oranges Milk	Muffins Mixed Fruit Milk	Biscuits Raisins Milk
---------------------------	---------------------------------	------------------------------------	--------------------------------	-----------------------------

LUNCH A Week of 11/1/21 & 11/15/21

Mac & Cheese Baked Beans Pineapple Milk	Salisbury Steak Rice Corn Pears Milk	Chicken Alfredo Broccoli Oranges Milk	Pizza Mixed Veggies Mixed Fruit Milk	Hamburger Tater Tots Peaches Milk
--	--	---	---	--

LUNCH B Week of 11/8/21 & 11/22/21

Beef Spaghetti Pineapples Milk	Taco Rice Pinto Beans Pears Milk	Chicken Pasta Broccoli Oranges Milk	Bean Burritos Mixed Veggies Mixed Fruit Milk	Ham & Cheese Sandwich Corn Peaches Milk
--------------------------------------	---	--	---	---

PM SNACK

Animal Crackers 100% Juice	Goldfish Crackers 100% Juice	Graham Crackers 100% Juice	Ritz Crackers 100% Juice	Saltine Crackers 100% Juice
----------------------------------	------------------------------------	----------------------------------	-----------------------------	-----------------------------------

- ◇ We serve water with every meal and after active play
- ◇ 12 months - 24 months receives Whole Milk
- ◇ 2 years - 12 years receives 1 % Milk