# Tree House Academy Menu Week 1

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| Breakfast | Whole Grain Pancake<br>Orange Slices<br>Milk | Cheerios<br>½ Banana<br>Milk | Biscuits<br>Jelly<br>Diced Mango<br>Milk | Cheerios<br>½ Banana<br>Milk | Whole Grain Waffle<br>Apple Slices<br>Milk |
| Lunch | Black Beans w/Cheddar Cheese<br>Brown Rice<br>Corn<br>Applesauce<br>Milk | Chicken Tenders<br>Whole Wheat Bread<br>Broccoli<br>Peaches<br>Milk | Meatloaf<br>Whole Wheat Bread<br>Mashed Potatoes<br>Orange Slices<br>Milk | Macaroni w/Cheddar Cheese & Ham bits<br>Whole Wheat Bread<br>Peas<br>Pears<br>Milk | Chicken Spaghetti<br>Whole Wheat Bread<br>Green Beans<br>Pineapple<br>Milk |
| Snack | Goldfish Crackers<br>100 % White Grape Juice | Cheese Sticks<br>Saltines<br>Water | Banana<br>Milk | Whole Wheat Crackers<br>Milk | Pretzels<br>*Cheerios<br>100% White Grape Juice |

***Twos & Under Substitutions**