March 2020 Menu

9-13 & 23-27

MEAL	COMPONENTS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	1% Milk Fruit or Veg Bread/Grain	Milk Sliced Apples Cheerios	Milk Sliced Oranges Cinnamon Toast	Milk Sliced Bananas Muffins	Milk Sliced Apples Cheerios	Milk Sliced Oranges Biscuits
LUNCH	1% Milk Meat/Alternate Veg. or Fruit Fruit or Veg. Bread/Grain	Milk Cheese Peas Applesauce Whole Wheat Bread "Grilled Cheese"	Milk Chicken Pinto Beans Pears Rice "Chicken Taco Bowl"	Milk Chicken Broccoli Pineapples Whole Wheat Spaghetti "Chicken Alfredo"	Milk Turkey Hot Dogs Baked Beans Peaches Rice	Milk Ground Turkey Tomato Sauce Mixed Fruit Whole Wheat Spaghetti "Turkey Spaghetti"
P.M. SNACK	Any 2 different meal components	Ritz Crackers 100% Juice	Gold Fish 100% Juice	Animal Crackers 100 % Juice	Graham Crackers 100% Juice	Pretzels 100% Juice

All Meals are served with water

2-6, 16-20 & 30-3

MEAL	COMPONENTS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	1% Milk Fruit or Veg Bread/Grain	Milk Sliced Bananas Cheerios	Milk Sliced Apples Biscuits	Milk Sliced Oranges Muffins	Milk Sliced Apples Cinnamon Toast	Milk Sliced Oranges Cheerios
LUNCH	1% Milk Meat/Alternate Veg. or Fruit Fruit or Veg. Bread/Grain	Milk Chicken Carrots Applesauce Rice "Chicken & Rice"	Milk Sliced Turkey Dogs Peaches Tomato sauce Whole wheat elbow noodles "Turkey Mac"	Milk Cheese Corn Pears Whole Wheat Pizza Dough "Cheese Pizza"	Milk Ground Turkey Tomato Sauce Pineapples Whole Wheat Elbow Mac "Turkey-Roni"	Milk Turkey Hot Dogs Mixed Veggies Mixed Fruit Whole Wheat Buns "Hot Dogs"
P.M. SNACK	Any 2 different meal components	Graham Crackers 100% Juice	Ritz Crackers 100% Juice	Goldfish 100% Juice	Animal Crackers 100% Juice	Pretzels 100% Juice

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