TREE HOUSE ACADEMY OF RICHMOND

MENU !

November 2018

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Rise Crispies Applesauce Milk	Blueberry Muffins Oranges Milk	Cinnamon Toast Bananas Milk	Corn Flakes Oranges Milk	Waffles Bananas Milk

LUNCH A Week of 10/29/18 & 11/16/18

Beanie Weenies Pineapples Milk	Chicken Alfredo w/ Broccoli Pears Milk	Grilled Cheese Corn Peaches Milk	Bean Burritos Green Beans Oranges Milk	Beef Tacos Pinto Beans Mixed Fruit Milk

LUNCH B Week of 11/5/18 & 11/19/18 Closed 11/22-11/23/18

Mac & Cheese Baked Beans Pineapples Milk	Beef Spaghetti Peas Pears Milk	Tuna Sandwich Corn Peaches Milk	Ham & Cheese Roll Up Green Beans Oranges Milk	Chicken Tacos Pinto Beans Mixed Fruit Milk

PM SNACK

Animal Crackers 100% Juice	Pretzels 100% Juice	Graham Crackers 100% Juice	Ritz Crackers 100% Juice	Goldfish Crackers 100% Juice

- ◊ **We serve water with every meal and after active play**
- ◊ **12 months – 24 months receives Whole Milk**
- ◊ **2 years – 12 years receives 1 % Milk**